



CAMBRIDGE HIGH SCHOOL ATHLETICS DAY 2025

Order of Events

<u>Time</u>	<u>Event</u>	<u>Grade</u>
8.50	Introduction/House Parade	All Grades
↓		
9.20		
TRACK		
(Run at same time as first house event – students go to house events when finished)		
9.20 – 10.00	100m Heats	Boys/Girls
10.00 – 10.20	Participation 100m	All Grades
FIELD/HOUSE EVENTS		
10.20 – 11.10	High Jump (2 mats)	Junior Boys/Junior Girls
	Long Jump (2 pits)	Intermediate Boys/Intermediate Girls
	House Events – 2 stations	Senior Boys/Senior Girls
TRACK		
11.10	200m TIMED FINALS	Boys / Girls
↓		All Grades
11.40		
FIELD/HOUSE EVENTS		
11.40 – 12.30	High Jump (2 mats)	Intermediate boys/Intermediate girls
	Long Jump (2 pits)	Senior girls/Senior boys
	House Events – 2 stations	Junior boys/Junior girls
TRACK		
12.30	100m FINALS	Boys / Girls
↓		All Grades
1.00		
FIELD/HOUSE EVENTS		
1.00 – 1.50	High Jump (2 mats)	Senior boys/Senior Girls
	Long Jump (2 pits)	Junior girls/Intermediate boys
	House Events – 2 stations	Intermediate boys/Intermediate girls
TRACK		
1.50	800m	Boys / Girls
↓		All Grades
2.20		
TRACK		
2.20	4 x 100m House Relays	Boys / Girls
↓		Year 9-13
2.50	Staff/Student Relay	All Grades
3.15 END OF DAY		