



## Coming Events - 21 November 2024

### Coming Up

#### Term 4

**5 NOV - 3 DEC**

NZQA EXAMS

**18-22 NOV**

JUNIOR EXAM WEEK

**22 NOV**

PAID UNION MEETING - **SCHOOL CLOSSES 12.30PM**

**28 NOV**

Y13 LEAVERS DINNER

**3 DEC**

10AGH - FARM TRIP (2)

**9-11 DEC**

Y9 & 10 ACTIVITIES

**13 DEC**

JUNIOR PRIZEGIVING

**END OF TERM 4**

[Start Dates for 2025](#)

**27 JAN**

AUCKLAND ANNIVERSARY

**28 JAN**

TEACHER ONLY DAY

**29 JAN**

SUBJECT CHANGES

**30 JAN**

Y12 & 13 COURSE CONFIRMATION

**31 JAN**

Y9 STUDENTS ONLY

**3 FEB**

ALL STUDENTS (First day of the

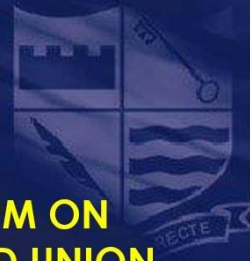
full timetable)

**6 FEB**

WAITANGI DAY

## **REMINDER:**

**SCHOOL WILL CLOSE AT 12.30PM ON  
FRIDAY 22 NOVEMBER FOR A PAID UNION  
MEETING.**



## Junior Prizegiving

**2024 JUNIOR PRIZEGIVING  
FRIDAY 13 DECEMBER**

**Our annual prizegiving this year will be held in the  
School Hall at 10.15am.**

**All parents are warmly invited to our final Prizegiving for the year.  
At the conclusion of the ceremony, at approximately  
11.30am - students will be free to leave for 2024.**





## **Confidence & Motivation**

Building confidence and motivation in young people is essential for their overall wellbeing and is a key aspect of their development. These qualities can have a lasting impact on their success and happiness. Confidence helps children believe in their abilities and face challenges with a positive attitude, while motivation drives their desire to learn, explore, and achieve their goals.

Fostering these traits involves creating an environment that encourages children to take risks, learn from their mistakes, and celebrate their achievements. Confidence is built when children feel capable and valued, while motivation is fuelled by the belief that their efforts will lead to growth and success. By actively supporting both, we can help young people thrive in the academic, social, and personal areas of their life.

By offering positive reinforcement, setting realistic expectations, and celebrating their efforts, we can model a positive mindset that can go a long way in helping young people develop both confidence and motivation. Nurturing these qualities, will help them grow into self-assured individuals who believe in their ability to succeed, setting the foundation for a fulfilling future.

In this edition of SchoolTV, discover how to provide opportunities for autonomy and support your child in persevering through challenges.

**Here is the link to your Edition** <https://camhigh.nz.schooltv.me/newsletter/confidence-motivation-nz>

## Sports Notices



All new Sixes Lacrosse League begins term 1 next year. This is a great opportunity for new players to try out Lacrosse over a shorter format and season, and for existing players to learn the Olympic format of the game. Please contact Mr. Stichbury to sign up your interest in playing. [gs@camhigh.school.nz](mailto:gs@camhigh.school.nz)

# RIDE TO GLORY TALENT DAY

📅 Wednesday 11  
December 10:00am

📍 Grassroots Trust  
Velodrome  
15 Hanlin Road,  
Cambridge

If you are Pasifika, aged 14 - 18 and enjoy biking, we're inviting you to The Ride to Glory talent day! This event introduces cycling to our Pasifika community, and gives young adults a clear pathway to representing in the sport.

**Together we want to break down entry barriers into the sport of competitive cycling.**

We provide the necessary track and gym access, elite coaching and equipment to help develop aspiring track cycling athletes.

**Join us for an exciting day where you can:**

- 🌸 Have a tour of the velodrome and meet our team
- 🌸 Showcase your talent in an action-packed environment (just a little sweat and hard work)
- 🌸 Try out our World Class velodrome, get some tips on the BMX pump track, take a spin on the mountain bike trail, and meet some of our Olympic Medalists from Paris.



*Pictured: Young riders from around the world including Tahiti and New Caledonia*

grassroots  
trust

Velodrome  
New Zealand's Home of Cycling

# RIDE TO GLORY

## TALENT IDENTIFICATION DAY

CENTRE MONDIAL DU CYCLISME  
**UCI**  
WORLD CYCLING CENTRE

**OCEANIA**  
CONTINENTAL SATELLITE  
CAMBRIDGE | NEW ZEALAND



### PROGRAM AT A GLANCE

The UCI Oceania Continental Satellite Centre in conjunction with Cycling New Zealand want to invite students that have never thought of cycling as a sport to our Ride to Glory talent day. Designed to introduce cycling to our Pacifica community, it will provide young adults with a clear, dedicated pathway to representing their nation in the sport of cycling.

The UCI World Cycling Oceania Continental Satellite here in Cambridge New Zealand intends to break down entry barriers into the sport of competitive cycling, while putting National Championships, Oceania Championships, and real chance at World and Olympic representation within clear view.

### TRACK CYCLING

Track cycling is one of the most exciting Olympic sports, where riders compete head-to-head in a battle of speed, power, and strategy. Track cycling is raced on a velodrome, a specialized track designed for high-speed racing. Track cycling has something for everyone, where racing is contested over several different distances, and riders aim to outpace and outsmart their opponents.

#### TRACK ENDURANCE

Events range from 4km to 40km. The majority are mass start events where individuals use power, speed, endurance, strategy and tactics to compete for glory.

#### TRACK SPRINTING

This is the fastest human powered Olympic sport, with riders reaching speeds close to 80kmh. Riders can compete in 4 different events, with durations ranging from 10 seconds to 1-minute.



### NEXT STEPS

Join us for an exciting day where you will have the opportunity to showcase your talent in an action-packed environment at no cost, just a little sweat and hard work. The day will feature power, speed and aerobic testing. You'll be able to try out our World Class velodrome, get some tips on the BMX pump track, take a spin on the mountain bike trail, and meet some of our Olympic Medalists from Paris.

The Ride to Glory talent day will help identify top athletes who have a real chance to progress into the next phase of development. All the necessary track and gym access, elite coaching and equipment will be provided to help build you into the next Track cycling athlete.

TO REGISTER email your full name, contact email address and nationality to

[craig.rodger@velodrome.nz](mailto:craig.rodger@velodrome.nz)

## 2024 DETAILS

📅  
Wednesday  
11 December  
10:00am

📍  
Grassroots Trust Velodrome  
15 Hanlin Road  
Cambridge

**MOVIE FUNDRAISER**  
**CHS JUNIOR VOLLEYBALL TEAM**  
HELP US GET OUR CHS JUNIOR PREM TEAM TO NORTH ISLANDS



**\$2 RAFFEL TICKETS**

**SPOT PRICES**  
UP FOR GRAB!

**\$20 MOVIE TICKETS**

**TIVOLI CINEMA**  
32 LAKE STREET, CAMBRIDGE

**MONDAY 11TH NOVEMBER**  
ARRIVE AT 6:00PM | BEGINS AT 6:30PM  
CASH SALES

**THANK YOU FOR YOUR SUPPORT!**  
CONTACT FLO - [flowhittaker@outlook.com](mailto:flowhittaker@outlook.com)  
OR ORDER THROUGH THE TEAM

## Notices

### Lions Club Youth Opportunities 2024/2025

Please visit the Hillary Outdoors website for further information:

<https://www.hillaryoutdoors.co.nz/holiday-programmes/>





## LIONS CLUB OF CAMBRIDGE YOUTH OPPORTUNITIES FOR 2024/25

The following amazing experiences are open for applications from students living in the Cambridge Area. The Lions Club of Cambridge delight in sponsoring our young people(14-18 years) to develop new skills, explore new activities and make life-long friends. Our Leos will have high priority when being considered for these camps but all students may apply.

### HILLARY OUTDOORS CAMPS- dates available TONGARIRO

5-day programme: Sunday 15th to Friday 20th December 2024

5-day programme: Sunday 12th to Friday 17th January 2025

### COROMANDEL-new camp!

5-day programme: Sunday 19th to Friday 24th January 2025

4-day programme: Sunday 13th to Thursday 17th April 2025



Please visit the Hillary Outdoors website for further information:

<https://www.hillaryoutdoors.co.nz/holiday-programmes/>



The camps offer opportunities to kayak, canoe, snorkel, sail, raft build, rock climb, abseil, tackle low and high ropes, complete environmental projects, experience an overnight camp and more.

If you would like to be considered for this amazing experience, please apply in an email to: Judy Costello(Youth Committee Lead),[cambridgeyouth@lionsclubs.org.nz](mailto:cambridgeyouth@lionsclubs.org.nz) Briefly include a little about yourself, your contact details and reasons why you would like to attend the camp. Also include what you hope to achieve from the camp and provide the names and contact details of two referees.

Following the camp, we would love you to share your experience with the Leos and if possible prepare a short talk to share at a Lions Dinner meeting.

**Applications close: Thursday October 31st. Please get your application in as soon as possible as places may be filled.**

Please keep in mind:

202L are organising a Leos Convention for the District Leos at Wairaki Blue Light Lodge Taupo on 11-12 April 2025. More information pending.



# CHS Library Summer Reading Programme

SIGN UP AT THE LIBRARY OFFICE TO  
TAKE HOME ALL YOUR FAVOURITE  
SUMMER READS!



Director  
Noelle Savill

Choreographer  
Stephanie Balsom

Vocal Director  
Lili Taylor

Band Director  
Katie Wigmore

Book by TOM HEDLEY &  
ROBERT CARY

Music by ROBBIE ROTH  
Lyrics by ROBERT CARY &  
ROBBIE ROTH

Riverlea Theatre  
presents

Based on the Paramount  
Pictures film

Screenplay by TOM  
HEDLEY & JOE ESTERHAZ  
Story by TOM HEDLEY

# Flashdance

## THE MUSICAL



Suitable for mature audiences. By arrangement with ORiGiN™ Theatrical, on behalf of Theatrical Rights Worldwide.



**23 Nov – 14 Dec 2024**

at Riverlea Theatre | [www.iticket.co.nz](http://www.iticket.co.nz)



# EARN AS YOU LEARN



## NZ Certificate in Manufacturing (Level 3)

### Are you ready to elevate your career while earning an income?

We are seeking expressions of interest for this exciting 'Earn as You Learn' opportunity in partnership with some of Waikato's leading businesses – gain valuable experience with top Waikato Manufacturers while you earn a NZ Certificate in Manufacturing (Level 3).

This work-integrated course is free if you qualify for fees free subsidy and starts in February 2025\*.

#### What We Offer:

##### Hands-On Experience:

Gain practical, real-world experience by working with top Waikato businesses.

##### Quality Education:

Receive excellent training and education from Wintec, designed to meet industry standards.

##### Financial Support:

Earn while you learn with competitive wages during your work placements.

##### Career Growth:

Enhance your skills, build a professional network, and open doors to career opportunities in the manufacturing industry.

#### Programme Highlights:

##### Integrated Learning:

Combine classroom instruction with hands-on work experience: 2 days in the classroom, 3 days working each week with a Manufacturing business (paid).

##### Industry-Aligned Curriculum:

Developed in collaboration with Waikato industry experts to ensure you gain relevant and in-demand skills.

**Supportive Environment:** Benefit from mentorship from both education and industry.

#### Please express interest if you:

- Seek a fulfilling career in the manufacturing sector
- Are looking for a practical and financially sustainable education pathway
- Are reliable, punctual, willing to learn and motivated to do well in the manufacturing sector
- Are 16 years or over

NCEA Level 2 and at least a restricted driving licence are preferred but not essential.

#### How to Register Your Interest:

Take the first step towards a rewarding career in manufacturing. Don't miss this unique opportunity to earn, learn, and grow with the support of Waikato's business leaders. Register your interest now online at [weca.org.nz/register](http://weca.org.nz/register) or contact [maddie@weca.org.nz](mailto:maddie@weca.org.nz). We will send you information updates as they come to hand.

The manufacturers supporting this programme ensure they have drug-free, safe environments and have equal opportunity policies.

\*NB: This certificate programme is subject to NZQA approval



Start your journey today.  
Earn as you learn and  
shape the future of  
manufacturing in Waikato!

[www.weca.org.nz/register](http://www.weca.org.nz/register)

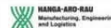
#### Bought to you by:



#### In Partnership with:



#### Supported by:



# Cambridge Defensive Driving Course

Held monthly at Cambridge High (anyone can attend)

Get 6 months off your restricted driver's licence  
and learn how to become a more in car-controlled driver

**The advanced driving skills course involves.**

**Session 1    The total Driving Picture**

**Session 2    Risk and reality**

**Session 3    Managing Change**

**Session 4    Hazard Training Guide**

Followed by an in-car assessment  
(a bit like a guided pre-test drive.)

The course is held at the Cambridge High School  
Gym G1 upstairs on the 1<sup>st</sup> and 2<sup>nd</sup> Monday and Wednesdays of each month

**Go to [brighteye.co.nz](http://brighteye.co.nz) to see dates and book**



## Cambridge High School Physiotherapy Clinic

ACC appointments  
Monday - Friday  
@ Cambridge High School

**\$50 One off Term Fees for ACC**

Appointments can be made through the school nurse,  
by ringing Vigour Physiotherapy directly on 07 823 1506

Vigour Physiotherapy  
Level 1 48 Empire Street, Cambridge  
[www.vigourphysio.co.nz](http://www.vigourphysio.co.nz) : [admin@vigourphysio.co.nz](mailto:admin@vigourphysio.co.nz)